

## CAREER VALUES QUESTIONNAIRE

What is important to you in your career? Read over the career values and check the box that indicates whether it is very important, somewhat important, or not very important to you.

Career Value	Very Important	Somewhat Important	Not Very Important
<b>Accountability</b> – Taking responsibility			
<b>Communication</b> – Open exchange of thoughts			
<b>Compassion</b> – Caring about the feelings of others			
<b>Competition</b> – Striving to win			
<b>Cooperation</b> – Working well with others			
<b>Creativity</b> – Producing imaginative/original work			
<b>Dependability</b> – Can be relied upon			
<b>Discipline</b> – Focused on objectives			
<b>Diversity</b> – Understanding/managing differences			
<b>Drive</b> – Highly motivated to get the job done			
<b>Fairness</b> – Just and impartial decision making			
<b>Independence</b> – Freedom from control of others			
<b>Knowledge</b> – Making effective use of information			
<b>Loyalty</b> – Faithful to the mission of the company			
<b>Obedience</b> – Following rules and regulations			
<b>Power</b> – Having the means to get things done			
<b>Recognition</b> – Acknowledging contributions			
<b>Risk Taking</b> – Experimenting and allowing mistakes			
<b>Structure</b> – Having a defined process for getting things done			
<b>Versatility</b> – Being able to do many things well			

Write down four of the career values that you have rated as “very important.”

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



### LIFE VALUES QUESTIONNAIRE

What are you working for? How do you define a “better job?” What matters in your personal life? Read over the life values and check the box to tell us if it is very important, somewhat important, or not very important to you.

Personal Value	Most Important	Somewhat Important	Not Very Important
<i>Independence</i>			
<i>Freedom from inner conflict</i>			
<i>Continuing intellectual growth</i>			
<i>Friendships and fun</i>			
<i>Desire to help others</i>			
<i>Honesty</i>			
<i>Being with people who share my values</i>			
<i>Structure and clear processes</i>			
<i>A strong family life</i>			
<i>Social recognition</i>			
<i>Financial security</i>			
<i>Beautiful surroundings</i>			
<i>Regular hours</i>			
<i>Fast paced environment</i>			
<i>Power</i>			
<i>Opportunity to travel</i>			
<i>Chance to be creative</i>			

Look back over those life values that you have rated as “very important”, pick four of them, and write them in the spaces below.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

